

# Lychee

Most of our Lychee crop comes from seaside orchards near the Mediterranean coast and the Sea of Galilee.



**Lychee**  
Mauritius



**Suits for Categories:**  
Exotics



**Recommended Delivery / Storage**  
**Conditions:** ~1 °C



**Seasonality:**  
Jul | Aug



**Lior Gal** - Product Manager  
Sharon Fruit, Nectarine, Peach, Lychee  
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## Nutrition Facts (Approximate values) per 100g Lychee

Calories	65-80 kcal 272-335 kJ
Total Fat	0.5
Saturated Fat	0.01 g
Trans Fat	0 g
Total Carbohydrate	17 g
Dietary Fiber	1.3 g
Sugars	16 g
Protein	0.8 g
Cholesterol	0 mg
Sodium	1 mg

~ 2 kg / box | 432 boxes on pallet

